



Health Matters Newsletter December 6, 2019

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Local Data and Research- Regional Child Care Survey
- New Funding Opportunity for Gender Equity in Recreational Sport



I spy with my little eye the perfect Christmas tree somewhere out there.... Likely in the farthest corner of the tree farm 😊

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- ✓ **Next Admin Committee Meeting- To be determined, 4:30-6:30** CVRD Committee Room 2
 - ✓ **Next Our Cowichan Network Meeting at January 9, 2020, Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Cowichan Housing and Homelessness Coalition Meeting (All Welcome) To be Determined-**, 11:00 am to 1:00 pm Location to be determined
- **Community Action Team (CAT) Meeting January 24, 2020, 9 am-11am Cowichan Community Centre Board Room**
- **EPIC-Community Steering Committee** December 19, 2019 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum

Regional Child Care Surveys

- The three surveys (Child Care Provider, Parent/Caregiver and General Public) are available in hard copy and online. Copies of the survey were attached to my previous email.
- The URL to access all three surveys is: www.cowichanchildcare.malatest.net

- A copy of the poster to advertise the surveys is attached
- Malatest has also produced business-sized cards containing the URL and a QR code to scan and access the surveys. If you would like any of these to be made available to you, please contact cindylisecchn@shaw.ca
- Please feel free to copy and paste the text in the box below for your social media posts (e.g. Twitter, Facebook, Instagram)

Cowichan Child Care Plan – Prize Draw!

Your voice matters! The Cowichan region is working towards creating a child care system that meets families' needs and we want to hear from you! Your opinions will help inform the region's Child Care Plan.

Complete our online survey by January 18th at: www.cowichanchildcare.malatest.net and you will be entered for a chance to win some great prizes!

#cowichanchildcareplan #cowichan #cowichanvalley #childcare #yourvoicematters



New funding opportunity! Gender Equity in Recreational Sport: Community Grants Initiative

CPRA is thrilled to announce that applications are now being accepted for the new [Gender Equity in Recreational Sport: Community Grants Initiative](#). 35 grants are available this year, and funding will support efforts to increase the participation and retention of girls and women in recreational sport in Canada. Canadian municipalities and Indigenous communities are encouraged to apply.

The application deadline is December 15, 2019. This project is part of the [Government of Canada's](#) funding commitment to achieve gender equity in sport at every level by 2035.

See www.womenandgirlsinsport.ca for more information.

[Learn more](#)

Sonia Furstenau Constituency Office Open House - attached

Health Matters Newsletter

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly newsletter